

SHEPHERD THE HEART / JOHN 10:11-18

Shepherd's Heart Inventory

Lead from an inner life that receives the care and guidance of Jesus before carrying care for others.

Before you begin

Invite the person to reflect on their own life before discussing ministry demands. Let them decide what they want to share.

PERSON (OPTIONAL)

DATE

01 Notice

Where are prayer, Scripture, rest, trusted relationships, and honest self-attention present in an ordinary week? Where are they strained?

02 Name the pressure

What pace, responsibility, or expectation has made it harder to receive care? Do not ask for private disclosures.

03 Choose one rhythm

What small, sustainable practice of receiving Jesus' care could fit this season? What support would make it possible?

04 Return

When will you check in about the rhythm, without turning it into a performance target?

Return to it

Agree on one rhythm and a check-in date. Revisit what helped or hindered it at your next conversation.

Write only a brief shared formation focus or next step. Leave counseling details, private disclosures, and personnel evaluations off this sheet.